

NEED MORE ICE-TIME THIS WINTER?

When you can't get all the ice-time your team needs, why not make up the difference with off-ice skill development...

Competitive Edge offers comprehensive skill development training and instruction to Twin Cities Youth Hockey Teams at an hourly rate that is comparable to ice-time!



This program is group training built upon hour-and-a-half sessions where roughly one half hour is spent with an instructor at each of three stations. Those stations are...

1. Skating Development on the new Bullet Treadmill
2. Skating Training on the Crossover Flywheel (The original Crossover Skating Treadmill)
3. Puckhandling, Passing, and Shooting Skill Development in skates on synthetic ice

A team of 15 will be broken into three groups of five with one group sent with their instructor to each station.

Team Training Rates

-\$310 per session for two sessions

-\$295 per session for three or four sessions

-\$280 per session for five or more sessions
(about \$18 a session per player for a team of 15)

-Call 612 564 5423 for a Discounted Trial Session!

Note: All rates given are for 1.5 hour sessions and are 1.5 times the hourly rate.

Location: St. Louis Park (at the Hat Trick Sports Arena) – 2201 Florida Ave. So., St. Louis Park, MN 55426

Website: www.competitiveedgemn.com Contact Info: 612 564 5423 – info@compedgehky.com