

## COMPETITIVE EDGE SNIPER SCHOOL HOMEWORK

**Sniper School Level: N2 (8)** 

	Date of Homework Done:								
Drill Information		 			 				
Drill Name: A2/N5 – 3-WAY PULL SNAP SHOT (18 SHOTS)	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill Name:  A2/N6 - 6-PUCK STRAIGHT LINE SNAP SHOTS FRONT FOOT IN LINE WITH 2 <sup>ND</sup> PUCK (6 SETS OF 6)	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill Name:  A2/N7 - REACH OVER SNAP (20 SHOTS)	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill Name:  A2/N9 - 6-PUCK PULL IN SNAP OUT SNAP TO NEAR POST (6 SETS OF 6)	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill Name:  A3/N12 - BLADE FLEX SNAP SHOT  (10 SHOTS)	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill Name:	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill 6 Drill Name:	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill 7 Drill Name:	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill 8 Drill Name:	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill 9 Drill Name:	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?
Drill 10  Drill Name:  Extra RAPID FIRE SLAP SHOTS (20 SHOTS)	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?	Reps?